

# The Spot Preschool Newsletter



## August 2016

### Dates for your diary

Thursday 4 August  
Speech and language  
screening

### Costumes /dress-ups/ masks are banned!

Superheros & Villain costumes as in Captain America, Batman, Power Ranger and Spiderman are now banned at the preschool. The decision was taken in order to discourage rough and aggressive role play behaviour. Children wearing superhero clothes are more likely to use pretend weapons and show an increase in violent behaviour. Our duty of care is to provide a safe and stimulating environment. Please support us.

Welcome to all our families and hope this edition of our newsletter will find you all well. The "red" sail is now installed and providing shade in the playground. The resurfacing of the playground is taking longer than initially expected due to some problem in the material being out of stock and the weather as work can only be carried out on weekends. Hopefully it will be done by mid-month.

Risa Izawa, a student from Japan Centre Australia, will be with us doing her work experience from Tuesday 2 August to Friday 12 August. Risa is twenty years old and is from Tokyo.

### South Maroubra Mothers & Babies Group

Where: Walsh's Village  
Pharmacy Complex  
When: Tuesday 30 August  
Time: 10.00 am  
Topic: Taking Care of Mum  
*Tired, stressed, sluggish? Join  
the group to learn natural  
ways to help yourself.*

Please contact Elena Ballatore,  
Naturopath on 9311 0088.

### From Miss Kali & teaching staff

Miss Kali and Miss Rosa will get their groups involved in the Olympic Games euphoria which will run from 5 August to 21 August. The children will learn through activities and games that countries get together and celebrate friendship, unity and sports. Please join in and support the Australian sporting spirit by bringing in resources, articles etc. It's going to be a great month and hopefully lots of Aussie medals!!!!

### Free Parenting Workshops

Randwick City Council has just released the latest calendar of monthly workshops from July to December 2016. These workshops are free and cover topics as:

- 1) Managing the behaviour of 7 to 10 year olds
- 2) CPR and first aid (0-8 years)
- 3) Nutrition for 0 to 5 yrs old
- 4) How to survive tantrums and more

Please collect your copy at signing in/out area or ask staff. Thank you

### World Traditions/Celebrations

- 1-Raksha Bandhan: Hindu festival
- 4' NAICD – National Aboriginal & Islander Children's Day
- 5 – Jeans for Genes – re: childhood disease
- 9 –International Day for World Indigenous People
- 13-14 – Tisha B'Av – Jewish tradition
- 18 – Raksha Bandhan-Hindu tradition
- 22 to 28- Keep Australia Beautiful Week
- 26- Daffodil Day – Cancer research